

## Wasatch Citizen Series Race #2

Soldier Hollow Nordic Center, Midway, UT Saturday, January 20 10 A.M. Kids, 10:20 A.M. Adults 10K Skate, shorter for Juniors/Novice Adults Wave/mass starts https://utahnordic.org/wcs/

Forecast/Conditions: Overnight low 27, temperature at start in the mid-30s. Cloudy with the temperature warming into the 40s at midday. The snow on the course will be a mix of natural and manmade snow.

Glidewax: Apply HP Blue Hot Wax, scrape and brush, spray on HP Liquid Paraffin Red, let stand at least 2-4 hours, then polish with the yellow Polishing Brush for Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush, then apply HP Red Hot Wax, scrape and brush.

Gripwax: N/A

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax and before spraying HP LP will best suit these conditions.

Created by Barry Makarewicz, Toko Tech Team member since 2000. Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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